

- Shuttle bus pick-up/drop-off
- Cycle parking
- Station/pier with step-free access and staff assistance
- Bus station
- River services
- London Underground
- National Rail
- Spectator access route
- Venue entrance or exit
- Event area during the Paralympic Games
- Recommended station/pier for spectators



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**Accessible travel**  
If you've already reserved Blue Badge parking, you'll receive details in the post soon. For more information, go to [london2012.com/paralympics/bluebadge](http://london2012.com/paralympics/bluebadge)

North Greenwich, Charlton and North Greenwich Pier have step-free access, with staff assistance available. The shuttle service running from Charlton station is also accessible.

For days when you're not going to a London 2012 sports event or ceremony, beat the queues for travel tickets and buy a Visitor Oyster card before you leave home at [tfl.gov.uk/visitorshop](http://tfl.gov.uk/visitorshop)

There is no spectator parking, except for pre-booked Blue Badge spaces.

Been to the venue before? It will be operating differently during the Games so please follow the signs and directions from staff.

Or why not take the scenic route and go by boat? From North Greenwich Pier, it's just a 5-minute walk to the venue – and your Games Travelcard entitles you to one-third off the cost of river services.

London will be very busy so leave plenty of time to get to the venue and be prepared for crowds. Plan and book your journey at [london2012.com/paralympics/travel](http://london2012.com/paralympics/travel) and check it before you set off as things may change. You'll also find plenty of walking and cycling routes on the website.

There are direct train services to Charlton station from Charing Cross, Cannon Street and London Bridge in central London.

**Charlton** – free shuttle service (10-minute journey)

There are direct train services to Charlton station from Charing Cross, Cannon Street and London Bridge in central London.

**North Greenwich** – around 2-minute walk

## Plan your travel

### Getting to North Greenwich Arena

Great news! You can use the Games Travelcard sent to you with your ticket for free travel on public transport in London zones 1-9 on the day of your event, including to and from North Greenwich Arena. The recommended stations are:

London 2012 Paralympic Games  
**Official spectator guide**



## Top tips



- 1 Check the London 2012 website for the latest information** before you travel
- 2 Remember your tickets!** Everyone needs a ticket for entry
- 3 Aim to arrive at the venue up to two hours before** your session starts
- 4 The transport system and venue will be very busy so leave plenty of time to travel and be prepared to wait** – it may also take a while to exit the venue once your session is over
- 5 You'll need to go through airport-style security when you arrive so make sure you've read the list of items that aren't allowed inside the venue** at [london2012.com/paralympics/security](http://london2012.com/paralympics/security)
- 6 Your bag must fit under your seat or on your lap.** If you can manage without one, even better – it will help speed up security checks
- 7 There's a wide variety of healthy and tasty food** inside the venue
- 8 You can pay by Visa (debit, credit or prepaid) or cash (£) only**
- 9 Check the weather forecast and come prepared,** whether that means bringing a sun hat or rain jacket – we are in the UK after all!
- 10 If you have any questions on the day, just ask a member of London 2012 staff** or visit an information point

## Welcome

This guide includes handy tips to help you get to your event and make the most of your Paralympic experience. So have a good read – and don't forget to bring it on the day!

### Arriving at the venue

Aim to be at the venue up to two hours before your session starts. When you get there, you'll be asked to go through airport-style security screening. With thousands of people arriving at the same time, there may be a queue.

One soft-sided bag is allowed per person – for example, a medium-sized handbag or small backpack (maximum 25 litres).

We want everyone to have a safe and enjoyable Games, so there are some things you can't bring into the venue. Go to [london2012.com/paralympics/security](http://london2012.com/paralympics/security) for the full list, which includes water and other liquids.

Unless your session is the first of the day, you'll only be able to enter the arena inside the venue after all spectators from the previous session have left. There's no readmission.

### Games Mobility

Inside the venue you can use our free Games Mobility service, which loans out mobility vehicles on a first come, first served basis. Audio description and guiding are also available.

Go to [london2012.com/paralympics/accessibility](http://london2012.com/paralympics/accessibility) for more information.

# Wheelchair Basketball

North Greenwich Arena





# Wheelchair Basketball

Played in more than 80 countries worldwide, Wheelchair Basketball is one of the most popular and dynamic sports on the Paralympic programme.

## Sports info

Medal events	2
Athletes per team	12
Athletes per team on court	5
Total athletes	264 (12 men's teams, 10 women's teams)

## Session timetable

Day	1	2	3	4	5	6	7	8	9	10	11
Date	Thu 30 Aug	Fri 31 Aug	Sat 1 Sep	Sun 2 Sep	Mon 3 Sep	Tue 4 Sep	Wed 5 Sep	Thu 6 Sep	Fri 7 Sep	Sat 8 Sep	Sun 9 Sep
Morning/afternoon	10:45-17:00	10:45-17:00	10:45-17:00	10:45-17:00	10:45-17:00	10:45-17:00	08:30-17:00	08:30-17:00	08:30-17:00	13:00-17:00	
Evening	19:00-23:00	19:00-23:00	19:00-23:00	19:00-23:00	19:00-23:00	19:00-23:00	19:00-23:00	19:00-23:00	19:00-23:30	19:00-23:30	

Sessions where gold medals will be decided and/or awarded are highlighted in **bold**

## While you're watching

As a courtesy to your fellow spectators, please wait until a break in play to leave your seat. Flash photography is not permitted.

## The history

Wheelchair Basketball was originally developed by American World War II veterans as part of their rehabilitation, but its popularity soon spread across the globe. It featured at the first official Games at Rome 1960, and has remained on the Paralympic programme ever since. The women's competition was added at the Tel Aviv 1968 Games.

## Did you know?

Wheelchair Basketball players are assigned a point value (1.0 to 4.5) based on their functional ability. During play, the total on-court point value for each team of five players cannot exceed 14.

## The basics

Wheelchair Basketball rules are broadly similar to those of Basketball (with four quarters of 10 minutes each), and the scoring is identical: two points are awarded for a regular shot into the basket from open play, or three points if the shot is taken from beyond what is known as the 'three point line' (a 6.75m semi-circle around the basket). One point is given for each successful free throw which is awarded following a foul.

After a maximum two pushes of the wheels of their chair, players must pass, attempt a shot or bounce the ball to avoid being penalised. If players push their wheels three times without moving the ball, the referee will penalise them for travelling, giving control of the ball to the opposing team.

The London 2012 competition starts with a round-robin – the 12 men's teams are divided into two groups of six teams, the 10 women's teams into groups of five. The top four teams in each group qualify for the quarter-finals, determining the first to eighth positions, with the remaining teams playing classification matches to be ranked accordingly.

**Find out more about Wheelchair Basketball** – pick up an official London 2012 daily or souvenir programme at the event.

# North Greenwich Arena



Seating plan

## Key

- Main entrance and exit
  - Venue entrance and exit
  - 101** Seating block
  - Ticket resolution office
  - Games Mobility
  - Lift
  - Escalators
  - London 2012 Shop
  - Information, lost and found and pushchair and wheelchair storage
- Spectator facilities (toilets, food and drink, etc) can be found around the concourse on each level



**Scan me now** or go to [london2012.com/paralympics/](http://london2012.com/paralympics/) or mobileapps to find out about the official London 2012 apps, with sports results, spectator information and more.



## Inside the venue

Please do your bit for the environment – take your rubbish home or help us recycle it by following the coloured icons on the bins, and on food and drink packaging.

Smoking is not permitted anywhere in the venue.

**VISA** In recognition of Visa's longstanding support of the Paralympic Games, only Visa (debit, credit and prepaid) and cash can be used for purchases inside the venue. Contactless payment is also available.

## Out and about

Find out what's on at a London 2012 Live Site near you or discover the great range of Paralympic, London 2012 Festival and other events taking place across the UK at [london2012.com/paralympics/joinin](http://london2012.com/paralympics/joinin)



Delivering a memorable Paralympic Games to inspire a generation with the support of our Partners



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